

# HUMAN DEVELOPMENT AND FAMILY RELATIONS MINOR

## Introduction

Please click here (<http://catalog.ucdenver.edu/cu-denver/undergraduate/schools-colleges-departments/school-education-human-development/>) to see School of Education and Human Development information.

The Human Development and Family Relations (HDFR) minor prepares students to effectively serve and understand culturally and linguistically diverse family systems. For students who are interested in becoming family therapist, work in community based organizations or work as a university or college advisor/administrator this minor will provide excellent foundational courses in these areas. It also provides students with a family systems and ecological systems theories foundation of families and how they interact with community and educational contexts.

## Program Delivery

- This is an on-campus program with a variety of delivery options for many of our courses including hybrid, evening, weekend and online courses.

## Declaring This Minor

- If you are currently a CU Denver student click here (<https://education.ucdenver.edu/academics/undergraduate/minors/detail/Human-Development-and-Family-Relations-Minor/>) to declare the minor.

## General Requirements

Students must satisfy all requirements as outlined below and by the department offering the minor.

- Click here (<http://catalog.ucdenver.edu/cu-denver/undergraduate/academic-policies-procedures/>) for information about Academic Policies

## Program Requirements

- To earn a minor, students must complete 15 approved credit hours specific to the minor, maintain good academic standing in the courses, complete their undergraduate degree concurrently, and satisfy all requirements in each of the areas below, in addition to their individual major requirements.
- HDFR minor courses require a minimum grade of C (2.0).
- 9 credits of HDFR minor courses must be completed at the University of Colorado Denver.
- Transfer courses must be approved by faculty and/or advisor to apply to the minor.

## Minor Requirements

Code	Title	Hours
<b>Required Course</b>		
HDFR 2000	Introduction to Family and Community Services	3
or HDFR 2200	Love, Family and Human Development	
<b>Other Required Courses</b>		
Select four courses from the following: <sup>1</sup>		12

HDFR 1000	Global Human Development & Learning
HDFR 1010	Life Span Development in Ecological Settings
HDFR 1030	Who am I? Cultural Identity, Family, Diverse Soc Sys
HDFR 1050	Trailblazing and Leading in Student Affairs: Student Affairs Leadership Dev
HDFR 1080	Lifespan Issues in Family Violence
HDFR 1111	First Year Seminar
HDFR 2000	Introduction to Family and Community Services
HDFR 2080	Sex, Human Development and Family Systems
HDFR 2083	Family and Personal Finance
HDFR 2110	Child Ecology
HDFR 2200	Love, Family and Human Development
HDFR 3020	Black and Latino Children in Families and Schools
HDFR 3050	Children's Thinking and Assessment
HDFR 3100	Adolescent Ecology
HDFR 3250	Families in Global Perspectives
HDFR 3400	Love, Couples and Family
HDFR 3500	Introduction to Higher Education
HDFR 3800	Leadership for Racial Justice in School and Community Settings
HDFR 4001	Families and Parenting
HDFR 4002	Family Life and Community Programming I
HDFR 4003	Leadership and Organizations
HDFR 4004	Family and Comm. Prog. II Grant Writing/ Fundraising
HDFR 4010	Family and Cultural Diversity
HDFR 4040	Latino Families in School and Communities
HDFR 4045	Abuelos (Grandparents) Latino Families
HDFR 4050	Foundations of Student Affairs
HDFR 4075	Family Policy & Law
HDFR 4080	Global Family Resource Management
HDFR 4090	Helping Profession Skills in HDFR
HDFR 4130	College Student Development
HDFR 4200	Adult Ecology
HDFR 4260	Family Systems and Social Justice
HDFR 4300	Families in Later Life
HDFR 4500	Diversity, Inclusion, Social Justice in Higher Education
HDFR 4850	Family Systems Therapy, Religion and Spirituality
HDFR 4860	Trauma Informed Care for Diverse Populations and Co-occurring Disorders
HDFR 4888	LGBTQ Family Systems
ECED 4030	Nutrition, Health, and Safety
ECED 4070	Development and Education of Infant and Toddlers
EDFN 1000	Equality, Rights & Education
EDHD 2050	Current Topics in Education and Human Development
EDHD 2840	Independent Study in Education & Human Development
EDHD 2910	Service Learning in Education and Human Development
EDHD 4050	Special Topics in Education and Human Development

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LDFS 3000	Undocumented Mexican Immigration	
LDFS 4000	Food Justice in City & Schools	
LCRT 2000	Rebels, Villains, & Superheroes: How Children's Literature Shapes Our Identities	
LCRT 3815	Once Upon a Time: Family Literacies in Culturally Diverse Communities	
<b>Total Hours</b>		<b>15</b>

<sup>1</sup> Students are encouraged to select courses that meet their interest and/or career aspirations.