

COUPLE, MARRIAGE AND FAMILY THERAPY, MA

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Overview

Degree

The Master of Arts degree in Couple and Family Therapy program prepares professionals to provide services to help individuals, couples, and families to increase mental health and relationship satisfaction in settings such as mental health centers, non-profit agencies, private practices and hospitals. This program follows Colorado state licensure requirements for licensure as a Marriage and Family Therapist (MFT).

The program requires 300 hours of clinical work, 100 of which must be relational (couple and/or family therapy) clinical hours, with no distinction between practicum and internship in the collection of these clinical hours. The master's degree is a two and a half to three and a half-year program, including a 12-16 months of practicum and internship.

The program is accredited by COAMFTE, the Commission on Accreditation for Marriage and Family Therapy Education.

Admission Requirements

Successful applicants to the Couple and Family Therapy program will have obtained a minimum 2.75 undergraduate GPA. Also, applicants will submit a current resume, a letter of intent, three letters of recommendation, and additional required materials. Applicants meeting these minimum standards may be invited to a half-day group interview that involves program orientation, small group interviews, and a group exercise.

Application materials are available here (<https://education.ucdenver.edu/academic-services/admissions/>). All materials must be submitted online by the appropriate deadline: September 1 for spring semester and February 1 for fall semester.

Faculty

Associate Professor:

Rashmi Gangamma (<https://education.ucdenver.edu/about-us/faculty-directory/Gangamma-Rashmi-UCD6004082503/>), PhD, LMFT Program Director, Associate Professor

Clinical Assistant Professor:

Tom "YiLe" Su (<https://education.ucdenver.edu/about-us/faculty-directory/Su-Tom-UCD6004089962/>), PhD LMFT, Clinical Assistant Professor

Chélynn Randolph (<https://education.ucdenver.edu/about-us/faculty-directory/Randolph-Chelynn-UCD6004078543/>), PhD, LMFT, Clinical Coordinator, Clinical Assistant Professor

Program Requirements

Students in the Couple and Family Therapy program are required to maintain at least a B (3.00) grade point average in all coursework attempted while enrolled.

Code	Title	Hours
Required Courses		
CMFT 5150	Foundational Family Therapy Theories	3
CMFT 5160	Individual and Foundational Family Therapy	3
CMFT 6180	Family Issues: Multicultural Intersectional Systems through the Lifespan	3
CMFT 5151	Contemporary Family Therapy Theories	3
CMFT 5161	Individual and Contemporary Family Therapy	3
CMFT 5330	Professional Identity & Relational Ethics	3
LDFS 6200	Human Development Over the Life Span	3
RSEM 5120	Introduction to Research Methods	3
CMFT 5180	Therapy with Couples/Relationships	3
CMFT 6160	Advanced Assessment and Treatment in Family Systems	3
COUN 6250	Mental Health Diagnosis	3
CMFT 6140	Counseling/Therapy with Children, Adolescents, and their Parents	3
CMFT 6170	Family Issues: Addiction and Trauma	3
CMFT 6000	Introduction to Sex Therapy	3
CMFT 5910	Practicum and Supervision in Couple and Family Therapy	3
CMFT 5911	Practicum and Individual Supervision in Couple and Family Therapy	3
CMFT 5929	Internship I in Couple and Family Therapy	3
CMFT 5930	Internship in CFT II	3
Total Hours		54

Couple, Marriage and Family Therapy (CMFT) Courses

CMFT 5150 - Foundational Family Therapy Theories (3 Credits)
This course offers an introduction to foundational family therapy theories and intervention strategies. Emphasis is on historical development of systems theories. Restriction: Restricted to CAFT majors within the School of Education and Human Development. Max hours: 3 Credits.
Grading Basis: Letter Grade with IP
Restriction: Restricted to CAFT majors within the School of Education and Human Development.

CMFT 5151 - Contemporary Family Therapy Theories (3 Credits)
This course offers an introduction to contemporary family therapy theories and intervention strategies. Emphasis is on historical development of systems theories. Prereq: CMFT 5150 and CMFT 5160. Max hours: 3 Credits.
Grading Basis: Letter Grade with IP
Prereq: CMFT 5150 and CMFT 5160.

CMFT 5160 - Individual and Foundational Family Therapy (3 Credits)

This didactic and experiential course presents an overview of foundational techniques and theories in family therapy. It will help students continue to develop a theoretical framework for engaging in foundational theory driven therapeutic interventions via practice of individual relational and family therapy role plays. Restriction: Restricted to CAFT majors within the School of Education and Human Development. Max hours: 3 Credits.

Grading Basis: Letter Grade

Restriction: Restricted to CAFT majors within the School of Education and Human Development.

CMFT 5161 - Individual and Contemporary Family Therapy (3 Credits)

This didactic and experiential course presents an overview of contemporary techniques and theories in family therapy. It will help students continue to develop a contemporary family theoretical framework for engaging in theory driven therapeutic interventions via practice family therapy role plays. Prereq: CMFT 5150 and CMFT 5160. Max hours: 3 Credits.

Grading Basis: Letter Grade

Prereq: CMFT 5150 and CMFT 5160.

CMFT 5180 - Therapy with Couples/Relationships (3 Credits)

This course is didactic and experiential dealing with therapeutic techniques applied to the improvement of intimate/couple relationships. Emphasis is placed on empirically based assessment, diagnosis, and treatment of couple/relationship problems. This is a survey course covering different approaches working with couples/relationships. Prereq: CMFT 5150, 5151, 5160 & 5161. Restriction: Restricted to CAFT majors within the School of Education and Human Development. Max hours: 3 Credits.

Grading Basis: Letter Grade

Prereq: CMFT 5150, 5151, 5160 & 5161. Restriction: Restricted to CAFT majors within the School of Education and Human Development.

CMFT 5330 - Professional Identity & Relational Ethics (3 Credits)

This course addresses the professional identity and ethics of couple and family therapists. It concentrates on couple and family therapist's ethical and legal responsibilities and liabilities as described in mental health and family law, insurance claims, and private practice management. Prereq: CMFT 5150 & CMFT 5160. Restriction: Restricted to CAFT majors within the School of Education and Human Development. Max hours: 3 Credits.

Grading Basis: Letter Grade

Prereq: CMFT 5150 CMFT 5160. Restriction: Restricted to CAFT majors within the School of Education and Human Development.

CMFT 5830 - Special Topics in Couple & Family Therapy (1-6 Credits)

Topics vary from semester to semester. Restriction: Restricted to COUN and CAFT majors within the School of Education and Human Development

Grading Basis: Letter Grade

Repeatable. Max Credits: 6.

Restriction: Restricted to COUN and CAFT majors within the School of Education and Human Development

CMFT 5910 - Practicum and Supervision in Couple and Family Therapy (3 Credits)

Family systems clinical practice in an appropriate lab and clinical setting under group supervision. Emphasis on development of clinical skills in family systems practice including but not limited to systemic/relational case conceptualization, diagnosis and treatment planning, treatment delivery, and self of therapist considerations. Prereq: Requires prerequisite courses of CMFT 5150, CMFT 5151, CMFT 5160, CMFT 5161, CMFT 6180, CMFT 5330, CMFT 5180, CMFT 6000 and COUN 6250. Coreq: Requires corequisite course of CMFT 5911. Restriction: Restricted to CAFT majors within the School of Education and Human Development. Term offered: Fall, Spring, Summer. Max hours: 3 Credits.

Grading Basis: Letter Grade with IP

Requires prerequisite courses of CMFT 5150, CMFT 5151, CMFT 5160, CMFT 5161, CMFT 6180, CMFT 5330, CMFT 5180, CMFT 6000 and COUN 6250. Requires corequisite course of CMFT 5911. Restricted to CAFT majors in the School of Education and Human Development. Typically Offered: Fall, Spring, Summer.

CMFT 5911 - Practicum and Individual Supervision in Couple and Family Therapy (3 Credits)

Family systems clinical practice in an appropriate lab and clinical setting under individual or dyadic supervision. Emphasis on development of clinical skills in family systems practice including but not limited to systemic/relational case conceptualization, diagnosis and treatment planning, treatment delivery, and self of therapist considerations. Coreq: Requires corequisite course of CMFT 5910. Restriction: Restricted to CAFT majors within the School of Education and Human Development. Term offered: Fall, Spring, Summer. Max hours: 3 Credits.

Grading Basis: Letter Grade with IP

Requires corequisite course of CMFT 5910. Restricted to CAFT majors within the School of Education and Human Development.

Typically Offered: Fall, Spring, Summer.

CMFT 5929 - Internship I in Couple and Family Therapy (3-6 Credits)

The internship is the final academic experience in the acquisition of the MA in the Couple and Family Therapy program. This is the first semester of internship which builds on the theoretical and skill-building courses and immediately follows CMFT 5910. This course provides required clinical supervision for students' clinical experience. Prereq: Requires prerequisite courses of CMFT 5910 and CFMT 5911. Restriction: Restricted to CAFT-MA or COUN-MA within the School of Education and Human Development. Term offered: Fall, Spring, Summer. Max hours: 6 Credits.

Grading Basis: Letter Grade with IP

Repeatable. Max Credits: 6.

Requires prerequisite courses of CMFT 5910 and CMFT 5911. Restricted to CAFT majors within the School of Education and Human Development.

Note - no min grade intentional

Typically Offered: Fall, Spring, Summer.

CMFT 5930 - Internship in CFT II (3-6 Credits)

This is the second semester of internship which builds on the theoretical and skill-building courses. This course provides required clinical supervision for students' clinical experiences in the field. Prereq: Requires prerequisite courses of CMFT 5910, CMFT 5911, and CMFT 5929.

Restriction: Restricted to COUN and CAFT majors within the School of Education and Human Development (CAFT-MA or COUN-MA CFT). Max hours: 12 Credits.

Grading Basis: Letter Grade with IP

Repeatable. Max Credits: 6.

Requires prerequisite courses of CMFT 5910, CMFT 5911, and CMFT 5929. Restricted to COUN and CAFT majors within the School of Education and Human Development (CAFT-MA or COUN-MA CFT).

Typically Offered: Fall, Spring, Summer.

CMFT 5931 - Internship III in Couple and Family Therapy (1-3 Credits)

This is an elective course for students who need additional semesters of internship and immediately follows CMFT 5930. This course provides required clinical supervision for students' clinical experiences in the field.

Prereq: Requires prerequisite course of CMFT 5930.

Grading Basis: Letter Grade

Requires prerequisite course of CMFT 5930 (minimum grade D-).

CMFT 6000 - Introduction to Sex Therapy (3 Credits)

Provides an overview of human sexuality over the life cycle, addressing social, psychological, and physiological aspects of human sexuality.

Etiology of human sexuality diagnoses and treatment of problems related to human sexuality are addressed. Prereq: CMFT 5150, 5151, 5160 and 5161. Max hours: 3 Credits.

Grading Basis: Letter Grade

Prereq: CMFT 5150, 5151, 5160 and 5161.

CMFT 6140 - Counseling/Therapy with Children, Adolescents, and their Parents (3 Credits)

This is a didactic and experiential course dealing with therapeutic techniques applied to the improvement of child functioning, and parent-child relationships. Emphasis is placed on play therapy, assessment, diagnosis and treatment of childhood and adolescent disorders, parent education, crisis intervention. Prereq: CMFT 5150, 5151, 5160 and 5161.

Max hours: 3 Credits.

Grading Basis: Letter Grade

Prereq: CMFT 5150, 5151, 5160 and 5161.

CMFT 6160 - Advanced Assessment and Treatment in Family Systems (3 Credits)

This is a didactic and experiential course focusing on family assessment instruments and their use in family therapy. Emphasis is placed on the role of assessment in family therapy, the relationship of assessment to treatment planning and evaluation, gaining familiarity with a variety of assessment instruments and learning to apply assessment skills to real-world clients. Prereq: Requires prerequisite courses of CMFT 5150, CMFT 5151, CMFT 5160, CMFT 5161, CMFT 5330, CMFT 6180, and RSEM 5120. Max hours: 3 Credits.

Grading Basis: Letter Grade

Requires prerequisite courses of CMFT 5150, CMFT 5151, CMFT 5160, CMFT 5161, CMFT 5330, CMFT 6180, and RSEM 5120.

CMFT 6170 - Family Issues: Addiction and Trauma (3 Credits)

This is a family studies course that is both didactic and experiential. It is designed to assist you to become more informed about addiction, trauma and other contemporary family issues that affect beginning practitioners, their clients, and society. Prereq: CMFT 5150, CMFT 5151, and CMFT 6180. Max hours: 3 Credits.

Grading Basis: Letter Grade

Prereq: CMFT 5150, CMFT 5151, CMFT 6180.

CMFT 6180 - Family Issues: Multicultural Intersectional Systems through the Lifespan (3 Credits)

This is a family studies course designed to assist you to become more informed about multicultural and social justice issues that affect you, your clients, and families in society. The course addresses multicultural theories and critical consciousness such as decolonization theories, liberation theories, and intersection family life cycle. Restriction:

Restricted to CAFT majors within the School of Education and Human Development. Max hours: 3 Credits.

Grading Basis: Letter Grade

Restriction: Restricted to CAFT majors within the School of Education and Human Development.