

# COUPLE, MARRIAGE AND FAMILY THERAPY (CFMT)

## CMFT 5150 - Foundational Family Therapy Theories (3 Credits)

This course offers an introduction to foundational family therapy theories and intervention strategies. Emphasis is on historical development of systems theories. Restriction: Restricted to CAFT majors within the School of Education and Human Development. Max hours: 3 Credits. Grading Basis: Letter Grade with IP  
Restriction: Restricted to CAFT majors within the School of Education and Human Development.

## CMFT 5151 - Contemporary Family Therapy Theories (3 Credits)

This course offers an introduction to contemporary family therapy theories and intervention strategies. Emphasis is on historical development of systems theories. Prereq: CMFT 5150 and CMFT 5160. Max hours: 3 Credits. Grading Basis: Letter Grade with IP  
Prereq: CMFT 5150 and CMFT 5160.

## CMFT 5160 - Individual and Foundational Family Therapy (3 Credits)

This didactic and experiential course presents an overview of foundational techniques and theories in family therapy. It will help students continue to develop a theoretical framework for engaging in foundational theory driven therapeutic interventions via practice of individual relational and family therapy role plays. Restriction: Restricted to CAFT majors within the School of Education and Human Development. Max hours: 3 Credits. Grading Basis: Letter Grade  
Restriction: Restricted to CAFT majors within the School of Education and Human Development.

## CMFT 5161 - Individual and Contemporary Family Therapy (3 Credits)

This didactic and experiential course presents an overview of contemporary techniques and theories in family therapy. It will help students continue to develop a contemporary family theoretical framework for engaging in theory driven therapeutic interventions via practice family therapy role plays. Prereq: CMFT 5150 and CMFT 5160. Max hours: 3 Credits. Grading Basis: Letter Grade  
Prereq: CMFT 5150 and CMFT 5160.

## CMFT 5180 - Therapy with Couples/Relationships (3 Credits)

This course is didactic and experiential dealing with therapeutic techniques applied to the improvement of intimate/couple relationships. Emphasis is placed on empirically based assessment, diagnosis, and treatment of couple/relationship problems. This is a survey course covering different approaches working with couples/relationships. Prereq: CMFT 5150, 5151, 5160 & 5161. Restriction: Restricted to CAFT majors within the School of Education and Human Development. Max hours: 3 Credits. Grading Basis: Letter Grade  
Prereq: CMFT 5150, 5151, 5160 5161. Restriction: Restricted to CAFT majors within the School of Education and Human Development. Typically Offered: Fall, Spring.

## CMFT 5330 - Professional Identity & Relational Ethics (3 Credits)

This course addresses the professional identity and ethics of couple and family therapists. It concentrates on couple and family therapist's ethical and legal responsibilities and liabilities as described in mental health and family law, insurance claims, and private practice management. Prereq: CMFT 5150 & CMFT 5160. Restriction: Restricted to CAFT majors within the School of Education and Human Development. Max hours: 3 Credits. Grading Basis: Letter Grade  
Prereq: CMFT 5150 CMFT 5160. Restriction: Restricted to CAFT majors within the School of Education and Human Development.

## CMFT 5830 - Special Topics in Couple & Family Therapy (1-6 Credits)

Topics vary from semester to semester. Restriction: Restricted to COUN and CAFT majors within the School of Education and Human Development. Grading Basis: Letter Grade  
Repeatable. Max Credits: 6. Restriction: Restricted to COUN and CAFT majors within the School of Education and Human Development

## CMFT 5910 - Practicum and Individual Supervision (3 Credits)

Supervised counseling practice in the counseling lab and appropriate settings with individual supervision experience (towards 150 clock hours required for graduation). Emphasis on individual and couple and family counseling techniques and therapeutic intervention strategies. Coreq: COUN 5911 or CMFT 5911. Prereq: CMFT 5150, 5151, 5160, 5161, 6810, 5330, 5180, 6160, 6140, and COUN 6250 Restriction: Restricted to COUN and CAFT majors within the School of Education and Human Development. Max hours: 3 Credits. Grading Basis: Letter Grade with IP  
Coreq: COUN 5911 or CMFT 5911. Prereq: CMFT 5150, 5151, 5160, 5161, 6810, 5330, 5180, 6160, 6140, and COUN 6250 Restriction: Restricted to COUN and CAFT majors within the School of Education and Human Development. Typically Offered: Fall, Spring, Summer.

## CMFT 5911 - Practicum and Group Supervision (3 Credits)

Supervised counseling practice in the counseling lab and appropriate settings with group supervision experience (towards 150 clock hours required for graduation). Emphasis on individual and couple and family counseling techniques and therapeutic intervention strategies. Restriction: Restricted to COUN and CAFT majors within the School of Education and Human Development. Must be taken concurrently with COUN or CMFT 5910. Max hours: 3 Credits. Grading Basis: Letter Grade with IP  
Coreq: COUN 5910 or CMFT 5910. Restriction: Restricted to COUN and CAFT majors within the School of Education and Human Development. Typically Offered: Fall, Spring, Summer.

## CMFT 5930 - Internship in CFT (3-6 Credits)

Supervised internship of 600 clock hours. Intern performs activities of a regularly employed professional in an approved community site. Prereq: CMFT or COUN 5910 and 5911. Restriction: Restricted to COUN and CAFT majors within the School of Education and Human Development. Max hours: 12 Credits. Grading Basis: Letter Grade with IP  
Repeatable. Max Credits: 12. Prereq: CMFT or COUN 5910 and 5911. Restriction: Restricted to COUN and CAFT majors within the School of Education and Human Development. Typically Offered: Fall, Spring, Summer.

CMFT 6000 - Introduction to Sex Therapy (3 Credits)

Provides an overview of human sexuality over the life cycle, addressing social, psychological, and physiological aspects of human sexuality. Etiology of human sexuality diagnoses and treatment of problems related to human sexuality are addressed. Prereq: CMFT 5150, 5151, 5160 and 5161. Max hours: 3 Credits.

Grading Basis: Letter Grade

Prereq: CMFT 5150, 5151, 5160 and 5161.

CMFT 6140 - Counseling/Therapy with Children, Adolescents, and their Parents (3 Credits)

This is a didactic and experiential course dealing with therapeutic techniques applied to the improvement of child functioning, and parent-child relationships. Emphasis is placed on play therapy, assessment, diagnosis and treatment of childhood and adolescent disorders, parent education, crisis intervention. Prereq: CMFT 5150, 5151, 5160 and 5161. Max hours: 3 Credits.

Grading Basis: Letter Grade

Prereq: CMFT 5150, 5151, 5160 and 5161.

CMFT 6160 - Advanced Assessment and Treatment in Family Systems (3 Credits)

This is a didactic and experiential course focusing on family assessment instruments and their use in family therapy. Emphasis is placed on the role of assessment in family therapy, the relationship of assessment to treatment planning and evaluation, gaining familiarity with a variety of assessment instruments and learning to apply assessment skills to real-world clients. Prereq: CMFT 5150, 5151, 5160, 5161, 5330, 6180, RSEM 5120, and COUN 6250. Max hours: 3 Credits.

Grading Basis: Letter Grade

Prereq: CMFT 5150, 5151, 5160, 5161, 5330, 6180, RSEM 5120, and COUN 6250.

Typically Offered: Fall.

CMFT 6170 - Family Issues: Addiction and Trauma (3 Credits)

This is a family studies course that is both didactic and experiential. It is designed to assist you to become more informed about addiction, trauma and other contemporary family issues that affect beginning practitioners, their clients, and society. Prereq: CMFT 5150, CMFT 5151, and CMFT 6180. Max hours: 3 Credits.

Grading Basis: Letter Grade

Prereq: CMFT 5150, CMFT 5151, CMFT 6180.

Typically Offered: Spring.

CMFT 6180 - Family Issues: Multicultural Intersectional Systems through the Lifespan (3 Credits)

This is a family studies course designed to assist you to become more informed about multicultural and social justice issues that affect you, your clients, and families in society. The course addresses multicultural theories and critical consciousness such as decolonization theories, liberation theories, and intersection family life cycle. Restriction: Restricted to CAFT majors within the School of Education and Human Development. Max hours: 3 Credits.

Grading Basis: Letter Grade

Restriction: Restricted to CAFT majors within the School of Education and Human Development.