

# INTEGRATIVE HEALTH & MEDICINE (CERTIFICATE)

## Program Overview

The University of Colorado Skaggs School of Pharmacy's graduate certificate in integrative health and medicine (IHM) addresses the need for training healthcare professionals (pharmacists, physicians, nurses, nurse practitioners, physician assistants and dentists) in the safe and effective use of IHM. IHM combines the conventional western medicine with complementary and alternative medicine (CAM), such as herbal medicines, acupuncture, massage, yoga, and stress reduction techniques. Americans spend about \$41.1 billion annually out-of-pocket on supplements, but most don't report the use to a healthcare provider. While prescription medications form the foundation of medical treatment, IHM products and treatments may offer specific benefits. The demand and use of IHM is projected to rise and will be an important regimen in the treatment of human disease by conventional health professionals.

Have questions about the program? Fill out our Request Information form (<https://pharmacy.cuanschutz.edu/cupharmacy/request-information/>) and one of our knowledgeable admissions counselors will contact you.

## ELIGIBILITY

The IHM graduate certificate program is an interprofessional certificate program open to:

- Physicians (MD, DO), physician assistants (PA), nurses (BSN, ANP, DNP), pharmacists (PharmD and Bachelor of Pharmacy), and dentists (DDS) who are licensed to practice in the United States or Canada.
- Pharmacy students enrolled in ACPE or CCAPP accredited Doctor of Pharmacy programs.

In order to apply, applicants must meet one of the two following eligibility requirement categories:

### Licensed Practitioner

- Licensed to practice in their respective discipline in the United States or Canada and are in good standing with the licensing agency.
- Received a baccalaureate or enter-to-practice professional graduate degree from an accredited undergraduate or entry-level program.

### Student

- Currently enrolled in a US-based, ACPE or CCAPP accredited Doctor of Pharmacy program.

Must have completed a minimum of two years within their pharmacy program's curriculum and are in good academic standing with a cumulative professional grade point average of at least a 2.0. Students who have completed at least one year of the curriculum within their program may be considered on a case-by-case basis.

## Application Requirements

Visit the IHM Admission page (<https://pharmacy.cuanschutz.edu/academics/online-programs/ihm/#admissions>) to learn more about how to apply.

## ACADEMIC REQUIREMENTS

The Integrative Health and Medicine (IHM) graduate certificate program can be completed in two semesters and is comprised of 9 credit hours of coursework.

The IHM graduate certificate exposes students to the wide variety of available products and evidence-based skills to evaluate and make recommendations to patients. The program focuses on pharmacognosy, medicinal drugs obtained from plants or other natural sources, and pharmacology. At the root of it all, graduates can apply knowledge of IHM modalities in a variety of settings and can positively impact patients.

Course	Title	Hours
<b>First Year</b>		
<b>Fall</b>		
PIHM 7441	Evidence Based Medicine in IHM	1.5
PIHM 7442	Applied Evidence Based Medicine in IHM	1.5
PIHM 7775	Introductory & Applied IHM I	1
PIHM 7778	Introductory & Applied IHM II	1
	Hours	5
	Total Hours	5

Course	Title	Hours
<b>Second Year</b>		
<b>Spring</b>		
PIHM 7670	Pharmacology of Natural Supplements	2
PIHM 7680	Integrative Health in Common Clinical Diseases	2
	Hours	4
	Total Hours	4