

# COMMUNITY HEALTH-UNC (CHBH)

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## CHBH 5000 - Stress Management (3 Credits)

A holistic approach to stress management, with cognitive and theoretical knowledge and stress reduction techniques to prevent or alleviate physical symptoms of stress.

Grading Basis: Letter Grade

A-PUBH1 Graduate students and public health certificate students only.

Additional Information: Univ of Northern Colorado.

Typically Offered: Fall, Spring, Summer.

## CHBH 5050 - Health Communications and the Media (3 Credits)

Focuses on the design, production, evaluation and acquisition of appropriate media and materials for health education/promotion programs.

Grading Basis: Letter Grade

Repeatable. Max Credits: 99.

A-PUBH1 Graduate students and public health certificate students only.

Additional Information: Univ of Northern Colorado.

Typically Offered: Fall.

## CHBH 5080 - UNC Special Topics (3 Credits)

This course will be a forum to discuss important topics related to community and behavioral health. Such topic areas can include: preparation for field work in culturally diverse communities, historical trauma and health and others. Topics offered will change by semester, see specific schedule.

Grading Basis: Letter Grade

A-PUBH1 Graduate students and public health certificate students only.

Additional Information: Univ of Northern Colorado.

Typically Offered: Fall, Spring, Summer.

## CHBH 5090 - Behavior Change Theories (3 Credits)

Review theories of behavior and behavior change as they relate to current health issues. Health behavior change models will be examined and applied.

Grading Basis: Letter Grade

A-PUBH1 Graduate students and public health certificate students only.

Additional Information: Univ of Northern Colorado.

Typically Offered: Fall.

## CHBH 5100 - International Health: Cross Cultural Comparisons (3 Credits)

This class explores the multicultural aspects of health and international comparisons of various health indicators. Students will examine specific health problems, and the nature of health care delivery worldwide. This course is only offered during select semesters. Please check the CSPH schedule of classes each semester to verify offering.

Grading Basis: Letter Grade

A-PUBH1 Graduate students and public health certificate students only.

Additional Information: Univ of Northern Colorado.

Typically Offered: Fall, Spring, Summer.

## CHBH 5200 - UNC Foundations in Public Health (2 Credits)

This course examines the historical and conceptual bases of public health, the key issues and problems faced by the public health system, and the tools available for the protection and enhancement of the public's health.

Grading Basis: Letter Grade

A-PUBH1 Graduate students and public health certificate students only.

Additional Information: Univ of Northern Colorado.

Typically Offered: Fall.

## CHBH 5250 - Contemporary Issues in School Health (3 Credits)

This course examines the relationship between child/adolescent health and their school experience. The course will be organized around the eight components of the Coordinated School Health Program Model. Current issues and approaches to school health will also be presented. This course is offered Fall of odd years only.

Grading Basis: Letter Grade

A-PUBH1 Graduate students and public health certificate students only.

Additional Information: Univ of Northern Colorado.

Typically Offered: Fall.

## CHBH 5300 - Strategies for Community Health Promotion (3 Credits)

This course examines the effectiveness of a wide range of community strategies used in health promotion/disease prevention programs.

Grading Basis: Letter Grade

A-PUBH1 Graduate students and public health certificate students only.

Additional Information: Univ of Northern Colorado.

Typically Offered: Spring.

## CHBH 5320 - Physical Activity and Public Health (3 Credits)

An examination of physical activity and the public health implications of physical inactivity. Emphasis will be placed on epidemiologic evidence of physical activity benefits and chronic disease prevention. This course is offered Spring of even years only.

Grading Basis: Letter Grade

A-PUBH1 Graduate students and public health certificate students only.

Additional Information: Univ of Northern Colorado.

Typically Offered: Spring.

## CHBH 5330 - Physical Activity Interventions in the Community (3 Credits)

This course is designed to acquaint graduate students with theory-based interventions to increase participation in physical activity. The course will cover a variety of evidence-based approaches to physical activity promotion targeting various sub-populations and settings within the community.

Grading Basis: Letter Grade

A-PUBH1 Graduate students and public health certificate students only.

Additional Information: Univ of Northern Colorado.

Typically Offered: Spring.

## CHBH 5350 - Effective Community Health Engagement (3 Credits)

This course will enable students to develop skills necessary to effectively work with and within a variety of communities to promote public health.

Topics include historical impacts, effective theories and strategies, appropriate tools to consider and others. Prerequisite: CHBH 5300 or Consent of Instructor

Grading Basis: Letter Grade

A-PUBH1 Graduate students and public health certificate students only.

Additional Information: Univ of Northern Colorado.

Typically Offered: Fall.

## CHBH 5500 - Environmental Health (3 Credits)

Investigate and discuss the relationships of environmental health problems to human health and welfare. Include sources of these problems, their recognition and control and current research studies.

Grading Basis: Letter Grade

A-PUBH1 Graduate students and public health certificate students only.

Additional Information: Univ of Northern Colorado.

Typically Offered: Spring.

CHBH 5680 - Rural Community Health Issues (3 Credits)

A study of social, economic, political, and cultural influences that impact the health of individuals and families in rural communities. This course focuses on improving health status and developing culturally appropriate and effective interventions and services in rural settings.

Grading Basis: Letter Grade

Additional Information: Univ of Northern Colorado.

Typically Offered: Summer.

CHBH 5750 - Public Health Issues in Reproductive Health (3 Credits)

This course will examine reproductive health issues that impact society and public health. Topics include pregnancy, childbirth, teen pregnancy, sexually transmitted infections, birth control, infertility, abstinence only educational programs and comprehensive sexuality education.

Grading Basis: Letter Grade

A-PUBH1 Graduate students and public health certificate students only.

Additional Information: Univ of Northern Colorado.

Typically Offered: Summer.

CHBH 6100 - Program Planning and Evaluation (3 Credits)

Theories and practices of program planning and evaluation including needs assessment, planning approaches, selection of strategies, data collection and analysis, evaluation design, program implementation and utilization of evaluation data. Prereq: CHBH 5090 or consent of instructor.

Grading Basis: Letter Grade

A-PUBH1 Graduate students and public health certificate students only.

Additional Information: Univ of Northern Colorado.

Typically Offered: Fall.

CHBH 6120 - Statistical Applications in Public Health (3 Credits)

Applied statistical methods for students in public health. Developing statistical literacy and an ability to perform basic statistics, data summarizations and hypothesis testing using statistical software will be emphasized.

Grading Basis: Letter Grade

A-PUBH1 Graduate students and public health certificate students only.

Additional Information: Univ of Northern Colorado.

Typically Offered: Spring.

CHBH 6150 - Methods in Public Health Research and Evaluation (3 Credits)

Public health research methods, qualitative/quantitative research designs, data collection/analysis and program evaluation. Students will conduct an evaluation project with a local public health agency. Prerequisite: CHBH 6120 or consent of instructor. Cannot apply both this course and CBHS 6612 towards the MPH degree.

Grading Basis: Letter Grade

A-PUBH1 Graduate students and public health certificate students only.

Additional Information: Univ of Northern Colorado.

Typically Offered: Fall.

CHBH 6200 - UNC Epidemiology (3 Credits)

Epidemiological principles analyzed with an emphasis on selected topical issues, infectious and chronic/degenerative diseases, research design and analysis. Practical applications of statistical and epidemiological methods.

Grading Basis: Letter Grade

A-PUBH1 Graduate students and public health certificate students only.

Additional Information: Univ of Northern Colorado.

Typically Offered: Fall.

CHBH 6220 - Directed Studies (1-4 Credits)

Individualized investigation under the direct supervision of a faculty member. Minimum of 37.5 clock hours required per credit hour.

Repeatable. Maximum concurrent enrollment is two times. Restrictions: Instructor consent.

Grading Basis: Letter Grade

Repeatable. Max Credits: 8.

A-PUBH1 Graduate students and public health certificate students only.

Typically Offered: Fall, Spring, Summer.

CHBH 6350 - Policy, Advocacy, Leadership & Management in Community Health (3 Credits)

Health policy, advocacy, leadership and management is a multidisciplinary field of public health practice that is concerned with the delivery, quality and costs of public health services. Pre-Requisite: PUBH 6600 or consent of instructor.

Grading Basis: Letter Grade

A-PUBH1 Graduate students and public health certificate students only.

Additional Information: Univ of Northern Colorado.

Typically Offered: Fall.

CHBH 6860 - Master of Public Health Capstone Project (2 Credits)

Independent project in which student demonstrates public health competencies. Includes public presentation of project. Prereq: CHBH 6930 or concurrent. Consent of instructor required.

Grading Basis: Letter Grade

A-PUBH1 Graduate students and public health certificate students only.

Additional Information: Univ of Northern Colorado.

Typically Offered: Fall, Spring, Summer.

CHBH 6930 - Master of Public Health Practicum (2 Credits)

Theory and skills applied in a public health setting. Students must complete a minimum of 150 practicum field hours incorporating core competencies. Prerequisite: CHBH 6100 and consent of Instructor.

Grading Basis: Satisfactory/Unsatisfactory w/IP

A-PUBH1 Graduate students and public health certificate students only.

Additional Information: Univ of Northern Colorado.

Typically Offered: Fall, Spring, Summer.

CHBH 6990 - MPH Research Project - UNC (1-6 Credits)

Optional supervised research project for Master of Public Health candidates in Health Education. Content to be jointly determined by student and sponsoring professor.

Grading Basis: Satisfactory/Unsatisfactory w/IP

A-PUBH1 Graduate students and public health certificate students only.

Additional Information: Univ of Northern Colorado.

Typically Offered: Fall, Spring, Summer.