Campus Resources

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# **CAMPUS RESOURCES**

# Strauss Health Sciences Library Location & Hours

### **Physical Location**

(Immediately north of historic Fitzsimons Bldg): Strauss Health Sciences Library 12950 East Montview Boulevard Aurora, CO 80045

Phone: (303) 724-2152

Website: https://library.cuanschutz.edu/

### **Mailing Address**

Strauss Health Sciences Library Mail Stop A003 12950 E. Montview Boulevard Aurora. CO 80045

# **Hours of Operation**

(Please visit the library website (https://library.cuanschutz.edu/about/strauss-library/hours/) for the most current information.)

# **Library Perks & Amenities**

The Strauss Health Sciences Library strives to provide our patronage with perks and amenities in the library to make your time here as comfortable as possible. Below you will find a list of perks and amenities available.

**Study Zone (SZ)** - The Study Zone is located on the second floor quiet area of the library and whisper quiet is the expectation in this area of the library. Users must have an Anschutz campus ID badge to enter and use the Study Zone.

Nap Pods (NP) - Nap Pods are available in the nap pod room in The Study Zone located on the second floor of the library. They are on a first come, first served basis. The nap pod room is a silent space for napping.

The Lounge (SL) - The Lounge at the Strauss Library is located just outside the front entrance of the library. There are two badge controlled entrances, users must have an Anschutz campus ID badge to enter and use the space. The Lounge is accessible 24/7 and provides a space for students, faculty, and staff to study, lounge, or grab a coffee and snack. A large fridge, along with two microwaves, a Keurig coffee machine, and a variety of vending machines with coffee and snacks are available.

**Kitchens (K)** - There are 3 kitchens located throughout the library. Kitchens are located on the first floor in the Lounge, on the second floor in the Study Zone, and on the north end of the third floor. They provide students, staff, and faculty with fridges, Keurig coffee machines, microwaves, and sinks.

**Lactation Space (LS)** - Strauss Library has a lactation space available for those who may need it. This space is located on the third floor in the Administration office.

**Quiet Zones (QZ)** - The library has three zones of differing levels of quiet available on the second floor. For more information about these quiet zones, please see the 2nd Floor Quiet Policy & Zones.

**Record Now Studio (RN)** - The Record Now: DIY Video Studio is a self-service one-button production studio that provides space for presentation

recording. The studio has the capability for green or blue screen recording, touch screen display, PowerPoint presentations and more.

**Wellness Workstations** - The library has wellness workstations consisting of Bicycle Desks (BW), Treadmill Desks (TM), and Standing Desks. These workstations are located throughout the library on all three floors.

**Charging Station (CS)** - The library has a device charging station available in the South Commons on the first floor.

# Map of Library

Please visit the library website (https://library.cuanschutz.edu/about/perks-amenities/) for the most current information.

# Partners in the Library

### Inworks HOURS

By appointment only, email: inworks@cuanschutz.edu to make an

appointment

Website: https://engineering.ucdenver.edu/inworks (https://

engineering.ucdenver.edu/inworks/)

Phone: 303-724-4120

Location: 2nd floor of the library, room 2100

# Office of Disability, Access, and Inclusion (ODAI) HOURS

8am-5pm, Monday-Friday Phone: 303-724-5640

Website: https://www.cuanschutz.edu/offices/office-of-disability-access-and-inclusion (https://www.cuanschutz.edu/offices/office-of-

disability-access-and-inclusion/)

Location: North Section of 1st floor - Room 1409A1 (View the Library's Floor Plan (https://library.cuanschutz.edu/about/visit/first-floor/)) Email: disabilityaccess@cuanschutz.edu

#### **PASCAL**

PASCAL, the Preservation and Access Service Center for Colorado Academic Libraries, is the state-of-the-art high density remote library storage facility located on the CU Anschutz Medical Campus. Check the PASCAL website for PASCAL location & hours (https://library.cuanschutz.edu/about/strauss-library/pascal/).

Phone: 303-724-1114

# Writing Center HOURS

By appointment only. Click here to make an appointment with the Writing Center.

Website: https://clas.ucdenver.edu/writing-center/

Phone: 303-724-4143 (voicemail only) Location: 1st floor of the library, Room 1204

Note: CU Anschutz students also have access to the Writing Center at

our Denver campus and via our online platforms.

# **CU Anschutz Health and Wellness Center**

Situated at the Northwest corner of the CU Anschutz Medical Campus, the CU Anschutz Health and Wellness Center offers a holistic approach to well-being. Thanks to the visionary investment of the Anschutz Foundation and the University of Colorado, this state-of-the-art facility stands as campus hub for wellness information and programs. Offering an array of services ranging from a full-size fitness center, massage, and acupuncture to cooking classes, nutrition services, and the CU Medicine Weight Management and Wellness Clinic, the center caters to diverse physical, mental, and nutritional health needs. Moreover, it

serves as a dynamic research hub, conducting groundbreaking studies in weight loss, physical activity, nutrition, women's health, and specialized programs for clinical populations. Through collaboration between top researchers, clinicians, and community interventionists, the center extends its impact beyond its walls, empowering individuals to embrace healthier lifestyles and thrive in their overall wellness journey. Explore more at anschutzwellness.com (https://medschool.cuanschutz.edu/health-and-wellness/).

# **Facility Hours**

#### **Fitness Center**

Monday-Thursday: 5 a.m.-10 p.m. Friday: 5 a.m.-9 p.m. Saturday-Sunday: 7 a.m-5 p.m.

Fitness Center Phone Number. 303-724-WELL (9355)

### **CU Medicine Weight Management and Wellness Clinic**

Monday-Friday: 8 a.m.-5 p.m.

Clinic Phone Number: 303-724-9030 Clinic Fax Number: 303-724-9213

#### **Location & Directions**

12348 E Montview Blvd., Aurora, CO 80045

- At the corner of Montview and Racine on the CU Anschutz Medical Campus
- Driving directions (https://www.google.com/maps/? II=39.750067,-104.842645&z=14&t=m&h...)

# **Parking Information:**

The closest parking options for off-campus visitors are at the Monte Vista parking lot directly south of the building and the new Snowmass parking lot directly to the east of the building.

# **On-Campus Recreation**

# **Intramurals**

The Office of Student Engagement offers certain intramurals on campus as one day tournaments or weekly leagues. If you are interested please email Katelyn.Martin@cuanschutz.edu. Our current offerings include:

# <u>Indoor</u>

- · Ping Pong
- · Cornhole
- · Spike ball
- Volleyball
- Badminton

# **Equipment Check-Out**

The Office of Student Affairs offers certain recreational equipment that can be checked out for use on or off campus. You may also reserve equipment for class or student organization events. Our current equipment offerings include:

- Frisbees
- · Soccer Balls
- Badminton
- Spikeball

- · Picnic Blankets
- Volleyballs and Nets
- · Footballs
- · Movie night set up
- · Speaker with mic
- 100 Cup dispensers

# **Outdoor Events on Campus**

Students may hold events on campus that are related to CU Anschutz campus student organizations or class activities. Check with your program student affairs administrator for more information.

### General's Park

Close Enough to be On Campus is General's Park (actually part of Aurora Park and Recreation). General's Park is located on the northeast corner of Colfax and Peoria.

Students can reserve shelters / picnic areas in the Park for class get togethers/BBQs and other events for a fee. Start the reservation process by going to the City of Aurora website (https://www.auroragov.org/things\_to\_do/parks\_open\_space\_\_trails/shelter\_rentals/).

# **Lola and Rob Salazar Student Wellness Center**

CU Anschutz Students also have available to them discounted membership to the brand new Lola and Rob Salazar Student Wellness Center (https://www.ucdenver.edu/wellness/) at the Auraria campus. The first 30 days are \$30 and each month thereafter is \$39 for students of the Anschutz campus. See their website for hours and a full list of amenities (https://www.ucdenver.edu/wellness/facilities/).

# **Parking & Transportation Services**

Parking and Transportation strives to provide high quality, customeroriented services to the university community by:

- · Equitably assigning parking privileges based on need
- · Maintaining aesthetically pleasing and safe parking facilities
- · Constructing additional parking facilities as needed
- Providing Campus Circulator Services (https://www.cuanschutz.edu/ offices/facilities-management/parking-transportation-maps/parking/ transporation/campus-circulator/)
- · Providing alternative services for transportation to and from campus

### Location:

Fitzsimons Building, 1<sup>st</sup> Floor (West side of the food court)

· Weekdays 7:30am-4:30pm

Phone: 303-724-2555Fax: 303-724-0079

· After hours call: 303-724-4444

For information regarding **Transportation**, **Parking**, and other **Maps**, please visit the Facilities Management website (https://www.cuanschutz.edu/offices/facilities-management/parking-transportation-maps/).

Additionally, a **Virtual Tour** of the CU Anschutz Medical Campus is available through this site (https://tour.concept3d.com/share/o1DOAicGv/stop/1/).

Click here (https://www.cuanschutz.edu/about/cu-anschutz-map/) for an interactive and mobile friendly version of the campus map.