Wellness Workstations · The library has wellness workstations consisting of Bicycle Desks (BW), Treadmill Desks (TM), and Standing Desks. These workstations are located throughout the library on all three floors.

Charging Station (CS) · The library has a device charging station available in the South Commons on the first floor.

Map of Library · Please visit the library website (https://library.cuanschutz.edu/about/perks-amenities/) for the most current information.

Partners in the Library

Inworks

HOURS · By appointment only, email: inworks@cuanschutz.edu to make an appointment
Website: https://engineering.ucdenver.edu/inworks (https://engineering.ucdenver.edu/inworks/)
Phone: 303-724-4120
Location: 2nd floor of the library, room 2100

Office of Disability, Access, and Inclusion (ODAI)

HOURS · 8am-5pm, Monday-Friday
Phone: 303-724-5640
Website: https://www.cuanschutz.edu/offices/office-of-disability-access-and-inclusion (https://www.cuanschutz.edu/offices/office-of-disability-access-and-inclusion/)
Location: North Section of 1st floor - Room 1409A1 (View the Library’s Floor Plan (https://library.cuanschutz.edu/about/visit/first-floor/))
Email: disabilityaccess@cuanschutz.edu

PASCAL · PASCAL, the Preservation and Access Service Center for Colorado Academic Libraries, is the state-of-the-art high density remote library storage facility located on the CU Anschutz Medical Campus.
Check the PASCAL website for PASCAL location & hours (https://library.cuanschutz.edu/about/strauss-library/pascal/).
Phone: 303-724-1114

Writing Center

HOURS · By appointment only. Click here to make an appointment with the Writing Center.
Website: https://clas.ucdenver.edu/writing-center/
Phone: 303-724-4143 (voicemail only)
Location: 1st floor of the library, Room 1204
Note: CU Anschutz students also have access to the Writing Center at our Denver campus and via our online platforms.

CU Anschutz Health and Wellness Center

Situated at the Northwest corner of the CU Anschutz Medical Campus, the CU Anschutz Health and Wellness Center offers a holistic approach to well-being. Thanks to the visionary investment of the Anschutz Foundation and the University of Colorado, this state-of-the-art facility stands as campus hub for wellness information and programs. Offering an array of services ranging from a full-size fitness center, massage, and acupuncture to cooking classes, nutrition services, and the CU Medicine Weight Management and Wellness Clinic, the center caters to diverse physical, mental, and nutritional health needs. Moreover, it serves as a dynamic research hub, conducting groundbreaking studies in weight loss, physical activity, nutrition, women’s health, and specialized...
programs for clinical populations. Through collaboration between top researchers, clinicians, and community interventionists, the center extends its impact beyond its walls, empowering individuals to embrace healthier lifestyles and thrive in their overall wellness journey. Explore more at anschutzwellness.com (https://medschool.cuanschutz.edu/health-and-wellness/).

Additional information is available here (https://anschutzwellness.com/).

**Facility Hours**

**Fitness Center**
- Monday-Thursday: 5 a.m.-10 p.m.
- Friday: 5 a.m.-9 p.m.
- Saturday-Sunday: 7 a.m-5 p.m.

Fitness Center Phone Number: 303-724-WELL (9355)

**CU Medicine Weight Management and Wellness Clinic**
- Monday-Friday: 8 a.m.-5 p.m.

Clinic Phone Number: 303-724-9030

Clinic Fax Number: 303-724-9213

**Location & Directions**

12348 E Montview Blvd., Aurora, CO 80045

- At the corner of Montview and Racine on the CU Anschutz Medical Campus
- Driving directions (https://www.google.com/maps/?ll=39.750067,-104.842645&z=14&t=m&h...)

Parking Information:
The closest parking options for off-campus visitors are at the Monte Vista parking lot directly south of the building and the new Snowmass parking lot directly to the east of the building.

**On-Campus Recreation**

**Intramurals**
The Office of Student Engagement offers certain intramurals on campus as one day tournaments or weekly leagues. If you are interested please email Katelyn.Martin@cuanschutz.edu. Our current offerings include:

- Indoor
  - Ping Pong
  - Cornhole
  - Spike ball
  - Volleyball
  - Badminton

- Equipment Check-Out
The Office of Student Affairs offers certain recreational equipment that can be checked out for use on or off campus. You may also reserve equipment for class or student organization events. Our current equipment offerings include:

  - Frisbees
  - Soccer Balls
  - Badminton
  - Spikeball
  - Picnic Blankets
  - Volleyballs and Nets
  - Footballs
  - Movie night set up
  - Speaker with mic
  - 100 Cup dispensers

**Outdoor Events on Campus**

Students may hold events on campus that are related to CU Anschutz campus student organizations or class activities. Check with your program student affairs administrator for more information.

**General’s Park**

Close Enough to be On Campus is General’s Park (actually part of Aurora Park and Recreation). General’s Park is located on the northeast corner of Colfax and Peoria.

Students can reserve shelters / picnic areas in the Park for class get togethers/BBQs and other events for a fee. Start the reservation process by going to the City of Aurora website (https://www.auroragov.org/things_to_do/parks_open_space_trails/shelter_rentals/).

**Lola and Rob Salazar Student Wellness Center**

CU Anschutz Students also have available to them discounted membership to the brand new Lola and Rob Salazar Student Wellness Center (https://www.ucdenver.edu/wellness/) at the Auraria campus. The first 30 days are $30 and each month thereafter is $39 for students of the Anschutz campus. See their website for hours and a full list of amenities (https://www.ucdenver.edu/wellness/facilities/).

**Parking & Transportation Services**

Parking and Transportation strives to provide high quality, customer-oriented services to the university community by:

- Equitably assigning parking privileges based on need
- Maintaining aesthetically pleasing and safe parking facilities
- Constructing additional parking facilities as needed
- Providing Campus Circulator Services (https://www.cuanschutz.edu/offices/facilities-management/parking-transportation-maps/parking/campus-circulator/)
- Providing alternative services for transportation to and from campus

**Location:**

Fitzsimons Building, 1st Floor
(West side of the food court)

- Weekdays 7:30am-4:30pm
- Phone: 303-724-2555
- Fax: 303-724-0079
- After hours call: 303-724-4444

For information regarding Transportation, Parking, and other Maps, please visit the Facilities Management website (https://www.cuanschutz.edu/offices/facilities-management/parking-transportation-maps/).

Additionally, a Virtual Tour of the CU Anschutz Medical Campus is available through this site (https://tour.concept3d.com/share/o1DOAiCv/stop/1/).
Click here (https://www.cuanschutz.edu/about/cu-anschutz-map/) for an interactive and mobile friendly version of the campus map.